



Collections

Suncoast Dressage and Combined Training Association May 2016 Newsletter

SDCTA MEETING

May 10

**Bakas Equestrian
Center, 11510
Whisper Lake
Trail.**

**Directions in this
newsletter's
minutes**

Starts at 7:00



My doctor told me I would never walk again. My mother told me I would. I believed my mother.

- Wilma Rudolph

An ounce of mother is worth a pound of clergy

Rudyard Kipling

When you are a mother, you are never really alone in your thoughts. A mother always has to think twice, once for herself and once for her child.

- Sophia Loren



HAPPY BIRTHDAY TO YOU!!!

May Birthdays Happy Birthday Ladies!

Nina Baker

Adair Van Spronsen

Leane St. Peter

If I left anyone out this past year please let me know. Everyone's birthday should be recognized!!

MINUTES BY SDCTA SECRETARY KIM ROSE

Meeting Minutes – April 2016

Jenn West, Debra Cangialosi, Nina Baker, Elizabeth Campbell, Kim Rose, Harvey Rose, Samantha Sawyer, Jamie Sawyer, Rebecca Ruthberg, Sally Cahill, Carol Smith, Beth Marshall, Barbara Sutton, Joan Potter, Boo Potter, Adair Von Spronsen,

The schooling show of April 3rd at Keystone Sporthorse was well attended. A good time was had by all.

We will have 3 schooling shows next year. November, January and Late March or early April.

We will try to have all of them at Keystone.

End of Year Awards will be amended to take into account the fewer number of schooling shows.

The June 11 & 12 rated show at the fairgrounds will probably feature 3 rings. Sally Cahill should be contacted for volunteer positions.

The September 3rd & 4th with Chopra and Tom Poulin should be full also.

We discussed the virtual events available for free on eTrak at the USDF website as well as video available there on learning more about showing horses in hand.

This year a new Materiale Championship will be held with a class for 3 year olds and a class for 4-5 year olds. See the USDF website for more details.

End of year award information can be found on the website. It will be reviewed and updated.

The May meeting will be at Bakas

Directions to Bakas:

From Race Track Road turn east onto Ecclesia Dr; go .2 miles and bear right onto Canopy Dr; Canopy Dr turns right and becomes Splendid Ln for 300 feet and then turn left onto Canopy Dr which changes its name to Whisper Lake Trail. At the end of Whisper Lake Trail you will find the Bakas Equestrian Center, 11510 Whisper Lake Trail. Total distance is 1 mile.

The schooling show season is over and the rated show season is beginning. Both of our shows should have excellent attendance. The June show is always popular and the new September show is at an ideal time; a virtual last chance to qualify and close enough to regionals to be a tune-up. The September show also removes the summer lull between SDCTA events.

We are looking to updating how we keep in touch so that members can keep track of Dressage events in our area. That seems to be a trend. USDF has a new phone App which is a little different. It is mainly a method of looking at their magazines and literature. They have discontinued their mobile app and will have a new mobile app by the end of the year. In the meantime, their full app is easier to use on a phone or tablet. The competition calendar can be found at [http://www.usdf.org/calendar/competitions.asp?](http://www.usdf.org/calendar/competitions.asp?regionpass=3&Typepass=All&YearPass=2016)

[regionpass=3&Typepass=All&YearPass=2016](http://www.usdf.org/calendar/competitions.asp?regionpass=3&Typepass=All&YearPass=2016)
The May meeting will be held on May 10 at Bakas. Please see the minutes or the newsletter for directions. It is a wonderful venue; the weather should be perfect so plan to be there. Thanks to Jenn West for her hospitality. Also thanks to Joan Potter and the Red Barn for the April meeting. Without Elizabeth Campbell and Joan's Red Barn affiliation, meetings would be more difficult.

I wish you all an excellent summer riding schedule. Let's get lots done before the rains come. Harvey

Emails and phone numbers you may need!!!!*****

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813-679-6013 cell

Barbara Sutton (also volunteer hours and awards)

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Recognized Shows

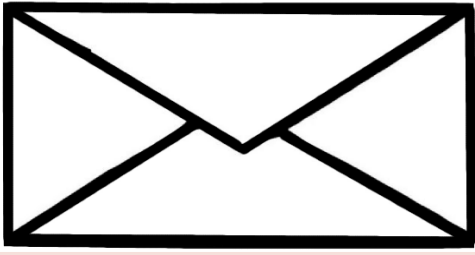
Sally Cahill (as above)

Mary Henglein

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Newsletter



By Jane Whitehurst

It's hot!!! These two words I will utter at least a thousand times before the hint of fall returns.

The horses gravitate to the big, shaded, oak trees when I ride. The same trees they wouldn't go near when it was cold and windy apparently no longer house the scary monsters.

I am donning my Columbian long sleeve shirts with bandana around my head to protect my helmet and absorb the sweat. I must think a lot when I ride. This year I have added yet another cover. I am wearing a bandana to cover my face much like the old west bank robber or a bandida.

This will be my outfit until I hit the lottery and construct a covered arena which I am counting on happening any day now. Until then, "bring it Sun and hello humidity", welcome back summer :-)

June 11-12

SDCTA Rated
Show

September 3-
4

SDCTA Rated
Show

SDCTA CLASSIFIEDS

Instruction

Joan Potter, USDF Bronze and Silver Medalist, instructing beginner to advanced, Pinellas County and Odessa/Lutz area. 813-855-3780.

Elizabeth Campbell, USDF Bronze Silver and Gold Medalist offers lessons for beginners to advanced riders. Lunge lessons to improve their independent seat. School horse at Royal Blue Stables, Odessa. (813)-613-5775

Jane Whitehurst, USDF Bronze, Silver and Gold Medalist at Nosara Farms, Odessa. I can come to you or you may trailer in for lessons/training and use full length mirrors. Experienced with all types of training issues. Love to help people achieve a better seat either for dressage or everyday riding. Call 727-254-3554 Website Nosarafarms.com

Sally Cahill, USDF Bronze and Silver Medalist, L Program, offering dressage and basic equitation instruction throughout the Tampa Bay area. Experienced with Junior/Young Rider USDF programs as well as schooling show judging. 813-690-5607 or 813-286-1698

NEWSLETTER AD RATES

(listings for 3 months)

	<u>Members</u>
<u>Non-Members</u>	
Business Card	
\$10.00	\$15.00
1/8 Page	\$20.00
\$25.00	
1/4 Page	\$25.00
\$35.00	
Half Page	\$40.00
\$50.00	
Full Page	\$60.00
\$80.00	
Classified Ad	<i>Free</i>
\$10.00	

BOARDING/TRAINING

Full board and dressage training at Royal Blue Stables with 12 stalls on 6 acres. 3 stalls open up to their own pastures. Separate small pasture available with 12x24 stall for horse with limited turnout. Owner/trainer on premises. Individual turnout and special care provided. Lighted 60x20m sand/clay boarded arena, with full length mirrors on the short side. \$700month. (813)-613-5775

Nosara Farms full-boarding or full boarding and training. Small friendly barn with 11 stalls on 10 acres in Odessa. Perfect place to keep your horse in the summer. We are very dry even after a hard rain and our barn always has a cool breeze. Horses go out individually or in a group in fields of grass. Feed 3X a day, owner lives on premises, and horse's schedule is the same 7 days a week. Check us out at Nosarafarms.com Our dressage arena has full length mirrors on the short side, lights for night riding, and music for your listening pleasure. Footing is 250 sand which drains quickly and gives great support and cushion for the horses. \$675 month Jane Whitehurst 727-254-3554



GOING FOR IT! : The Adventure of Dressage for a Not-So-Young New Rider

By: Debra Cangialosi

Ever since I was 5, I loved horses. When I was in 6th grade, I went to Red Raider Camp in Ohio for a 6 week adventure where I rode a horse for the very first time. After that, I had a trail ride here and there but never had any formal instruction until last year. Prompted by the realization I was approaching retirement age, I placed learning dressage at the top of my bucket list. I didn't want to procrastinate full-filling my dream one day longer, I contacted Royal Blue Stables with trainer Elizabeth Campbell then found my horse, Chloe. I fell in love with Chloe and a sport which challenges me each day. Dressage has a language of its own so the learning included a brand new vocabulary, overcoming fear of falling, learning how to care for horses, and of course, learning the tests in order to compete. I must say Elizabeth, my trainer and coach, has the patience of a saint and so does Chloe! Elizabeth opened up a whole new world for me.

There are rights of passage in life and there are definitely rights of passage in dressage.

They include graduating from the lunge line to riding the entire arena, going from walk-trot to walk-trot-canter. Then the challenges become: learning tests, doing the first schooling show, doing the first recognized show and breaking in your first pair of tall boots (ugh!). Wow....tough to navigate through all that for sure! But, my journey with Elizabeth, Chloe, and all the friends I've met along the way at Royal Blue, SDCTA and at the shows, have encouraged me, supported my efforts and desire to learn. To all of them..... a huge thank you!

With all that said, what is the moral of the story? Don't hold back, no matter what age group you are! Chase your dreams down and embrace them. My dream was and is to someday become a good dressage rider. I never want to sit back and observe life with a wish or a hope. Hope is not a good strategy. It's important to engage in what you want to do and what you love to do. I want to "dance with a horse" throughout the rest of my life!

Deb Cangialosi



Deb and Chloe, best friends forever!!