



## Collections

# Suncoast Dressage and Combined Training Association

## February 2017 Newsletter

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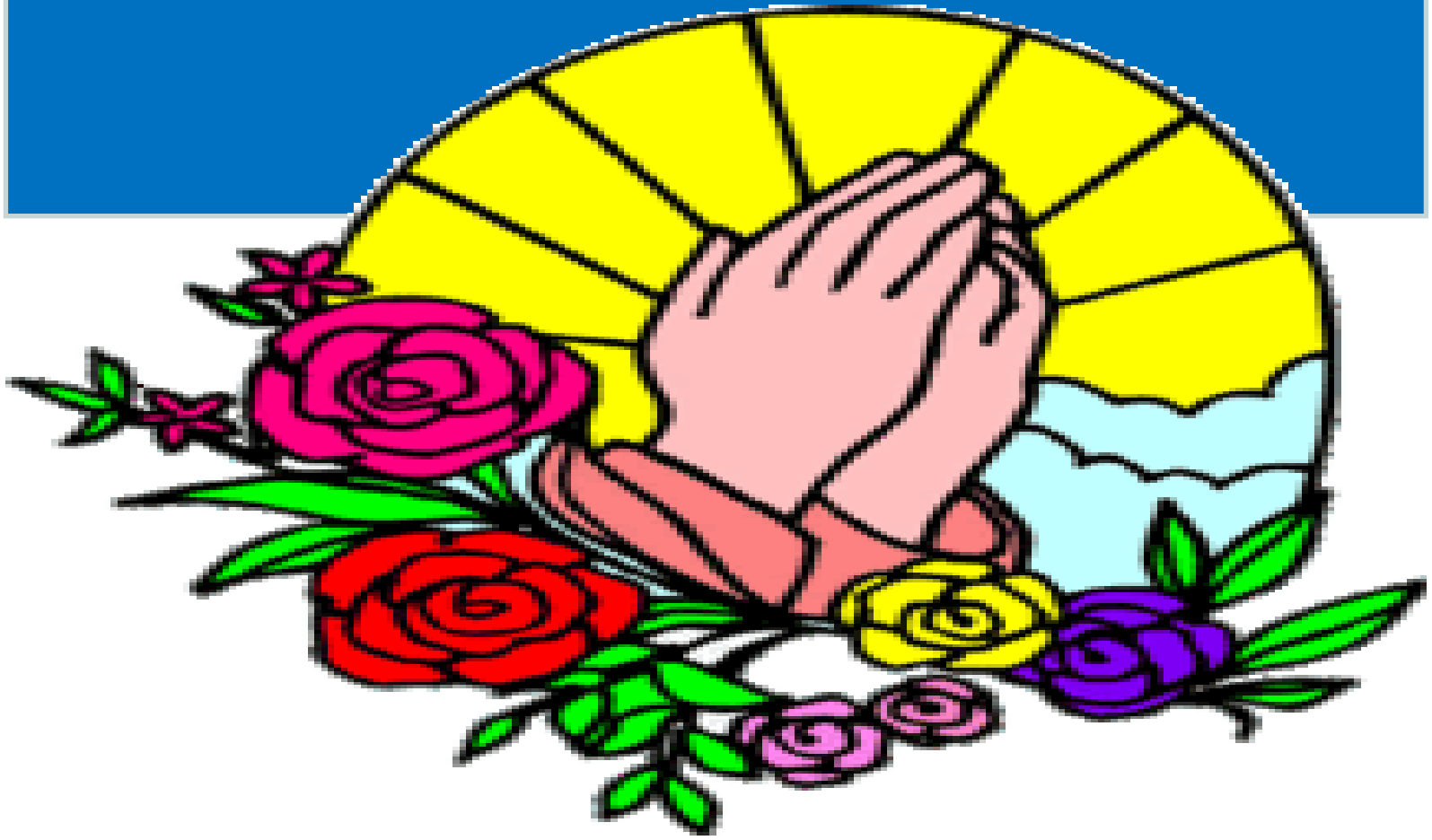
SDCTA meeting will be held the third Tuesday of this month so that our members can enjoy Valentines with their family and friends or their horse!!!

February 21 meeting at Elizabeth Campbell's home.  
7:00 Topics:

1. Rebecca Ruthberg will speak about plants and animals in the wild that may be affecting your horse.
2. Discussion on how we can better organize our information in the newsletter and on the website.
3. Discussion about up-coming clinics!!!!

Happy  
Valentine's  
Day

Our prayers and thoughts continue to go out to Beth Marshall. She has begun the battle to not just beat her cancer but “kick it’s ass.” Let her know you are there for support!!!! Positive vibes go a long way.



We have a wonderful club with compassionate and caring people. So many of you are going through hard times with family members and friends. Our barn families are so important during these times, if it is only to provide a brief distraction or a break from what you are dealing with. Horses are great listeners too. Hang in there and don't hesitate to reach out. We are thinking of you.

Congrats to President Joan Potter. Her mare was a week early and surprised Joan with a baby boy!!!! Demitasse's colt was born February 1, 2017. He and mother are doing just fine!!!

Bryn Cahill just got her USDF Gold Medal!!! As if that wasn't enough her and QC Star Performer also won the FEI High Point for the show!!!! 67.6%!!! Sally must be thrilled with her daughter and horse.



The holidays are past us and maybe the SDCTA members can get organized and send me some information for the newsletter. Even if it is some helpful, healthful, tips for your horse. I will start it out.

If your horse is like mine the stomach can get upset easily. I've started giving my mare 1/2 cup of apple cider vinegar (with the mother), twice a day. She has gotten used to it in her feed and now I don't have to disguise it with honey. You can read about the many benefits of apple cider vinegar for humans online. They call it mother's milk. It works!!!

Also instead of sugar I give tums or the cheaper Equate brand. I give these to her as she does her stretches before we ride. Less sticky, and the calcium helps with the stomach. She likes the peppermint kind, not crazy about the fruit ones. About 20 will do it!!

Horses are expensive enough and the more you can use items found in your cabinet that don't say equine or horses on the package, the cheaper it will be.

Jane Whitehurst



## HAPPY BIRTHDAY TO YOU!!!

February Sweetheart birthdays!!

Joan Potter

Jennifer West

Serena Wolf

Minutes from our last meeting on January 10 , 2016.

In attendance: Sally Cahill, Mary Ann Burns, Susie Marston, Elizabeth Campbell, Adair Van Spronsen, Jane Whitehurst, Alberta McEuen, Kim & Harvey Rose, Julie Harvey, Toni Miller, Rebecca Ruthberg, Deb Cangialosi, Rachel Stevick, Barbara Sutton, Carol Smith, Beth Marshall, Joan Potter

Items discussed:

1. The third ring - (update, we were able to get a ring like the other two with rails for less then the pilons we needed to buy to fix up the third ring!) Now we have three excellent top-quality rings.
2. Rated shows- Sally shared with us that we lost the labor day weekend at the fairgrounds due to the hunter/jumper folks. So we opted for two weeks earlier August 18-19. Our June show is scheduled for the 9th and 10th. Our judges will be Tom Poulin and Fran Dearing
3. Schooling shows are a bit down in the numbers. Any ideas on how we can increase attendance and we are always looking for people to run these shows.
4. More discussion on up-coming speakers. We have a wealth of talent and information within our club members. Tori Potter could give a talk on leather care. Rebecca Ruthberg wants to talk on the wildlife effects on horses.
5. Whip and spur wants to host one of our meeting when they get their spring line up of new riding apparel

Minutes

Secretary

Jane Whitehurst

Dear Members,

Thank you all for your support of the club, our activities and its members. This interest we all have in the art of riding and enjoying our horses gives us a wonderful common ground as riders and friends. I love seeing new faces at the meetings; it's very encouraging. I want everyone to put their thinking caps on about a future venue for our schooling shows next season. We will probably get one more show in at Keystone Sporthorse this year.

I look forward to seeing a strong turnout at the February meeting at Elizabeth's. Please come with ideas!!!

Update, Demitasse gave birth to a healthy, beautiful colt.

Joan Potter.



President  
Joan Potter

## SDCTA Calendar

February 21 SDCTA meeting

Schooling show TBT

SDCTA rated June 9-10

SDCTA rated August 18-19

Looking for some nearby schooling shows Check out the following

LAJUF

Stride

Sumter Equestrian

Many of these are having schooling shows once a month until summer

## SDCTA CLASSIFIEDS

### Instruction

Joan Potter, USDF Bronze and Silver Medalist, instructing beginner to advanced, Pinellas County and Odessa/Lutz area. 813-855-3780.

Leslie O'Sullivan, USDF Bronze and Silver Medalist and USDF "L" judging graduate is offering lessons, beginner to advanced at Admiralty Farm in Odessa, FL, or will travel to you. 813-920-9041 or 727-510-2338.

Elizabeth Campbell, USDF Bronze Silver and Gold Medalist offers lessons for beginners to advanced riders. Lunge lessons to improve their independent seat. School horse at Royal Blue Stables, Odessa. (813)-613-5775

Jane Whitehurst, USDF Bronze, Silver and Gold Medalist at Nosara Farms, Odessa. I can come to you or you may trailer in for lessons/training and use full length mirrors. Experienced with all types of training issues. Love to help people achieve a better seat either for dressage or everyday riding. Call 727-254-3554 Website Nosarafarms.com

### BOARDING/TRAINING

Full board and dressage training at Royal Blue Stables with 12 stalls on 6 acres. 3 stalls open up to their own pastures. Separate small pasture available with 12x24 stall for horse with limited turnout. Owner/trainer on premises. Individual turnout and special care provided. Lighted 60x20m sand/clay boarded arena, with full length mirrors on the short side. \$700/month. (813)-613-5775

Nosara Farms full-boarding or full boarding and training. Perfect place to keep your horse in the summer. We are very dry even after a hard rain and our barn always has a cool breeze. Horses go out individually or in a group in fields of grass. Feed 3X a day, owner lives on premises, and horse's schedule is the same 7 days a week. Check us out at Nosarafarms.com Our dressage arena has full length mirrors on the short side, lights for night riding, and music for your listening pleasure. Footing is 250 sand which drains quickly and gives great support and cushion for the horses. \$675 month Jane Whitehurst 727-254-3554

Admiralty Farm, Odessa, FL. Regulation sand ring, eight acres of lush fertilized grass turnout. Must see. 813-920-9041 or 727-510-2338.

Refer to the USDF  
Region 3 Calendar  
For all of the rated  
Shows. Please  
send me dates on  
upcoming clinics  
and schooling  
shows and we can  
put this in our calendar.

